

## Upcoming Dates

Oct. 26<sup>th</sup> – Movie Night

Oct. 27<sup>th</sup> – Harvest Day & Popcorn Day

Nov. 3<sup>rd</sup> – PL Day – No school

Nov. 6<sup>th</sup> – Picture Retakes

Nov. 8<sup>th</sup> – Remembrance Day Assembly

Nov. 13<sup>th</sup> – Remembrance Day – No School

## Wellness

In our Mindfulness lessons this week, we are going to continue to talk about Thankfulness. We are also going to talk about when we are in the blue zone especially and look at different tools we can use to get to the green zone, such as our Calming Corner as a corner to let us get back to the green zone and different breathing techniques when we don't feel just right.

## Indigenous Teaching

This week, we are going to continue to learn about the 2<sup>nd</sup> Seven Sacred Teachings of the Indigenous People which is Love. The eagle is the symbol for Love. We are going to use this symbol in our classroom over the next few weeks to help us learn about this very valuable trait and how it relates to how we treat others.

### Language Arts

**Reading:** In Reading, our “**nouvelle amie**” this week is **Lise Lapine**, the sound is ‘l’. Their homework this week will be Valérie Vache, the sound ‘v’ and their sight words are va and vois. Please continue to also review other sounds and site words, especially the vowels a, i, and e.

**Sight Words:** **le/la/les** (the)

**Routine:** In our morning routine, we will learn the colours in French, the days of the week, and we will look at today's, yesterday's, and tomorrow's date, and the weather.

**Writing:** The Fall season has now begun. Therefore, we are going to do a unit on the Fall. We are going to look at things we see in the fall and clothing we wear in the Fall.

C'est l'automne, je vois ... (It's the Fall, I see ...)

C'est l'automne, je porte ... (It's the Fall, I wear ...)

**Oral Communication:** We will practice saying the same sentences they will be writing.

### Math

We are continuing to count in French. We are going to see how far we can go. Can we make it to 20? We will be looking at different representations of numbers from 1- 6 and trying to recognize them as quickly as possible. (hand, dots, tally, ten frames, rekenrek, number, especially **Rekenrek** this week). We will count objects to 10 or more. Can they write the numbers up to 10 as I say them?

Check out the videos to help them count in French!

### Videos

Check out the videos that support our morning routine and our weekly theme 'Fall'. There are videos on the alphabet, how old are you?, colours, saying hello, weather, and more.